Chelan Douglas Child Services Association Resource Directory



October 2021







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Catholic Family & Child Services

Pays for childcare for financially eligible families. **Location:** 145 S. Worthen St. Wenatchee, WA

Phone: 509-662-6761

CDCSA Childcare

Location: 1305 Kittitas St. Wenatchee, WA

Phone: 509-663-5179 **www.cdcsa.com**

CDCSA Upper Valley Childcare

Location: 10375 Mill Rd. Peshastin, WA

Phone: 509-548-7614

Child care Aware program

Family Center for child care referrals: 1-800-446-1114

Local phone number: 509-664-7350

Enterprise for Progress in the Community (E.P.I.C.)

Seasonal daycare for children ages 1 month to 5 years from April through November.

Location: 91 Eastmont Ave. East Wenatchee, WA

Phone: 509-884-2435 www.epicnet.org

<u>Y.M.C.A.</u>

Day care programs are for grades 1 to 5 with a monthly fee based on income. Some scholarships available for fees.

Location: 217 Orondo Ave. Wenatchee, WA

Phone: 509-662-2109 <u>www.wenymca.org</u>

Counseling Services

Children's Home Society

Mental health and family support services. Therapeutic foster care, parent information and resource center. Accepts medical coupons.

Open M-F 8:30 – 6 and Fri. 8-5 appointment only.

Address: 1014 Walla Walla Ave. Wenatchee, WA 98801 220 Eastmont Ave. East Wenatchee, WA 98802

Phone: 509-663-0034. <u>www.chs-wa.org</u>

SAGE

Address: 710 N Chelan Ave, Wenatchee, WA 98801

Phone: 509-663-7446 or 888 HELP (4357) or National Hotline

for Domestic & Sexual Violence 1-888-614-5117 www.findsafety.org

Child and Family Advocacy Center

Provides services to victims of sexual abuse and domestic violence,

child abuse, neglect, general crimes.

Address: 1207 N Wenatchee Ave, Wenatchee, WA 98801

Phone: 509-665-0164 or 1-800-614-5117

NAMI (National Alliance for Mental Illness)

support, education & advocacy for the mentally ill and their families.

Part of Behavioral Health Clinic

Address: 620 Lewis St. Wenatchee, WA 98801 **Phone:** 509-393-0437 **Crisis Line:** 509-663-8282

<u>Compassionate Friends</u> Individual/group support services

for grief/loss of a child. Provides suicide prevention groups/ grief

support groups for everyone. Carol Sunada - Director.

Phone: 509-860-3620 <u>www.tcfwenatcheevalley.org</u>

CVCH Adult Behavioral Medicine (BMED)

Emergent & Ongoing therapy services. All insurance accepted.

Address: 600 Orondo Ave. Wenatchee, WA 98801

Phone: 509-884-9040 or 509-662-6000 www.cvch.org/behavioral-medicine/

CVCH Children's Behavioral Health

Wenatchee & Chelan Children mental Health Services.

Children's Medicaid & all other insurances.

Address: 140 Easy Way, Wenatchee WA 98801

Phone: 509-662-4296

<u>Catholic Family Services</u> Provides mental health support

and counseling available. PACK team available to provide medications

at individuals homes as needed.

Address: 640 S. Mission St. Wenatchee, WA 98801

Department of Social and Health Services (DSHS)

Department of Social & Health Services (DSHS)

Address: 805 S. Mission Wenatchee, WA

Phone: 509-886-6800 or 1-877-501-2233

www.dshs.wa.gov

Division of Developmental Disabilities (DSHS/DDA)

Provides the delivery of comprehensive services for autistic, cerebral palsied, epileptic and developmentally-delayed children under the age of 18 years old. Helping to transom lives by providing support and fostering partnerships that empower people to live the lives they desire. **Many Services available online** @ www.dshs.wa.gov

Phone: 1-800-462-0624

Vocational Rehabilitation

Counseling, retraining the disabled / handicapped

Address: 630 N Chelan Suite B6 Wenatchee, WA

Phone: 662-0439 or 1-877-688-1007

Community Services

Adult Protective Services, Assisted Living, Adult family/nursing home Medical assistance and Medicaid

Phone: 1-800-272-8881

Developmental Disabilities

Provides the delivery of comprehensive services for, autistic, cerebral palsied, epileptic and developmentally delayed children under the age of 18 years. Provides services to all ages of developmental disabilities.

Division of Child & Family Services (CPS)

Investigates reports of alleged abuse and neglect.

Phone: 509-293-5958 to report child abuse and neglect or call for

Child protective services 1-866-363-4276 24/7

Education

WVC Adult Basic Skills Office

Adult basic education (A.B.E.), English as a Second Language (E.S.L.), and G.E.D. preparation. **Located:** Wenatchee Valley College, 1300 5th St. Wenatchee WA

Phone: 509-682-6790.

www. wvc.edu/directory/department/adult.edu

Early Childhood Developmental Program (E.P.I.C.)

Migrant Head Start classes for eligible children. **Located:** 91 Eastmont Ave. East Wenatchee, WA

Phone: 509-884-2435 www.epicnet.org

Achieve Center

Serving Eastern and North Central Washington with locations in Wenatchee and Spokane. The Achieve Center provides paediatric speech, physical, and occupational therapy to children with developmental disabilities such as Autism, Cerebral Palsy or Down Syndrome and delays from birth to age 21 Located: 1500 S. Mission St, Wenatchee *Open: M-F 8-6*

Phone: 509-888-2505 www.achievecenter.net

Chelan-Douglas Child Services Association Head Start / E.C.E.A.P. Early childhood programs for low -income and special needs, prenatal to 5 years old and their families. Early Head Start program available. Full day service available. Call about eligibility.

Located: 1305 Kittitas St., Wenatchee WA

Phone: 509-663-5179 www.cdcsa.com

Chelan-Douglas Child Services Association

Vale Center 782-2710 Peshastin Center 548-0141 Sunset Ridge Center 884-7057 Wenatchee Center 663-5179

Methow St. Center 663-5179 ext 500 West Side Early Learning Center 663-5179 ext 700

Y.M.C.A.

Swimming, fitness for adults, rental to non-profit groups of camp facilities, after school daycare and summer break day-care. Choice programs for teens. Adventure Club. Day care programs for grades 1 to 5 with a monthly fee based on income. Some scholarships available.

Located: 217 Órondo Ave. Wenatchee, WA **Phone:** 509-662-2109 **Eastmont YMCA Aquatic Center Located:** 980 3rd St. NE East Wenatchee

www.wenymca.org

Y.W.C.A.

Provides personal growth and enrichment classes, including co-dependency classes. The job-assistant program requires a referral. Hours: Mon -Thurs

10-4. Call for more information. **Located:** 212 1st St., Wenatchee WA

Phone: 509-662-3531. www.ywcawen.com

Wenatchee Café CAFE is a non-profit organization that advances family and community growth through education. We serve our culturally diverse community providing opportunities in leadership, civic and social engagement, literacy development, and academic advancement. **Phone:** 509-415-8274

Located: 766 S Mission St. Wenatchee, WA

www.wenatcheecafe.org

Public Schools

Cashmere Public Schools	www.cashmere.wednet.edu		
Cashmere High	329 Tigner Rd	782-2914	
Cashmere Middle School	300 Tigner Rd	782-2001	
Vale Elementary	101 Pioneer Ave	782-2211	
·			
East Wenatchee Public Schools	www.eastmont 206.org		
Cascade Elementary School	2330 N Baker Ave	884-0523	
Clovis Point Elementary School	1855 S.E. St. E.W	888-1400	
Grant Elementary School	1430 1 st St S.E.	884-0557	
Kenroy Elementary School	601 N Jonathan Ave	884-1443	
Lee Elementary School	1455 N Baker	884-1497	
Rock Island Elementary School	5645 Rock Is. Rd.	884-5023	
	905 NE 8 th St	884-2407	
Eastmont Jr. High School	600 N. James Ave.		
Sterling Jr. High School	955 3 rd NE	884-7115	
Eastmont High School		884-6665	
Eastmont Academy	600 N. James Ave.	884-7115	
Special Education	1570 1 st SE	884-8333	
Leavenworth Public Schools	www.cascade.wednet.edu		
	500 Pine St. Leavenworth	540 5020	
Alpine Lakes Elementary		548-5839	
Peshastin-Dryden Elementary	10001 School St. Peshastin	548-5832	
Beaver Valley Elementary	19265 Beaver Valley Rd, Plain	763-3309	
Icicle River Middle School	10195 Titus Rd.	548-4042	
Cascade High School	10190 Chumstick hwy.	548-5277	
Wenatchee Public Schools	www.wenatcheeschools.org		
Castle Rock Special Education	112 Elliot St	663-7117	
Columbia Elementary	600 Alaska St.	662-7256	
John Newberry Elementary	850 N Western Ave.	664-8930	
Lewis & Clark Elementary	1130 Princeton	663-5351	
Lincoln Elementary	1224 Methow St.	663-5710	
Mission View Elementary	60 Terminal Ave	663-5851	
Sunnyslope Elementary	3109 School St	662-8803	
Washington Elementary	1401 Washington	662-5504	
Foothills Middle School	1410 Maple St	664-8961	
Orchard Middle School	1024 Orchard Ave	662-7745	
Pioneer Middle School	1620 Russell	663-7171	
Wenatchee Senior High	1101 Millerdale	663-8117	
	1510 9 th St	663-7947	
West Side High School		662-6417	
Valley Academy of Learning Wenatchee Valley Technical	1911 N. Wenatchee Ave	662-8827	
wenatchee valley rechnical	327 East Penny Rd.	002-8827	
Wenatchee Charter School	www.pinnaclesprep.org		
Pinnacles Prep	504 S. Chelan Ave.	888.6464	
•			
Wenatchee Valley College	www.wvc. edu		
GL NV G	1300 5th St.	682-6800	
Skill Source www.skillsource.org			
Offers on-the-job training, classroom train	ing, basic education and technical training	5.	
Offers on-the-job training, classroom train Located: 233 N. Chelan Ave.		Ţ.	

WSU Extension

Sponsors programs in family living & parenting, agriculture, 4-H, youth at high risk, community education.

Location: Chelan County: 400 Washington St. 667-6540 **Douglas County:** PO Box 550 Waterville, WA 98850 745-8531

Opportunities Industrialization Center (OIC) of Washington www.yvoic.org

offers employment education for migrant and seasonal farm workers and their dependents. **Location:** 270 9th St. NE, Suite 240, East Wenatchee, WA 665-3715

NCWESD Early Intervention Program

Provides speech, motor, cognitive and referral services for families with children who have developmental delays or suspect delays – Birth to 3 years of age.

Location: 175 East Penny Rd. Suite 3 Wenatchee, WA 664-3781

FOR ALL EMERGENCIES DIAL 911

Fire Departments

Chelan County Fire Protection Districts:

Leavenworth	548-7711
Monitor	663-1678
Wenatchee	662-4734
Cashmere	782-1114

Douglas County Fire Protection Districts:

Location: 377 Eastmont Ave. East Wenatchee, WA 884-6671

Wenatchee City Fire Department:

Provides information regarding fire prevention, aids public in emergency needs. Provides initial interview and referral to counseling services, if needed, for children who have a fixation with fires. Location: 731 N. Wenatchee Ave. and 1420 Maple St. Wenatchee, WA 664-3950

Police Departments

East Wenatchee Located: 271 9th St. N.E., East Wenatchee WA

Business: 884-5396 Emergency: 911 Non Emergency, Call River Com 663-9911

Wenatchee Police Department Located: 140 S. Mission, Wenatchee WA

Business: **888-4200** 24 Hour police Assistance **663-9911** Traffic violations: **888-4210**

Emergency: 911. Non Emergency, Call River Com 663-9911

Chelan County Emergency Management Service Department of Chelan & Douglas Counties

Gathers resources, provides coordination and communication of agency services for fire, law, engineering and governmental agencies in a natural or man-made emergency. Also, provides public education for emergency preparedness. **Location:** 110 NE. 2nd St., East Wenatchee 884-0941

Sheriff's Departments

Chelan County Location: First floor Law & Justice Building, 401 Washington St.,

Wenatchee WA / P.O. Box 36 Wenatchee WA 667-6851 Emergency: 911 **Douglas County** Location: 110 N.E. 2nd, East Wenatchee WA 884-0941 Emergency: 911 Leavenworth Office Location: 700 Hwy 2, Leavenworth, WA 667-6851 Emergency: 911

Washington State Patrol

State Patrol Location: 2822 Euclid Ave. Wenatchee, WA 682-8090 Emergency: 911

American Red Cross

American Red Cross Provides disaster assistance, worldwide communication system and aid to military families, supplies blood to area hospitals, provides classes for the following with fees: First Aid, Infant/Child HIV, CPR classes, Community First Aid & CPR Class, Water Safety instruction, Lifeguard training and Babysitting classes. Monday-Thursday 10 - 6

> Location: 230 Grant Rd Ste B1, East Wenatchee, WA 98802 663-3907

www.inwredcross.org

Employment

Skill Source Offers on-the-job training, classroom training, basic education and technical training.

Location: 233 N. Chelan Ave., Wenatchee, WA

Phone: 509-663-3091. www.skillsource.org

OIC Offers employment education for migrant and seasonal farm workers and their dependents.

Location: 11 Spokane St. Suite 103 Wenatchee, WA

Phone: 509-888-6012. www.vvoic.org

Work Source Provides unemployment benefits to those eligible, new or existing claims. Job search workshops covers resume writing, job interviewing and career planning.

Location: 270 9th St NE. East Wenatchee, WA

Phone: 509-665-6605 www.go2worksource.com

Financial Assistance

Community Action Council Energy Assistance helps with winter home heating costs. Emergency

assistance with heating bills and fuel costs. **Location:** 620 Lewis St. Wenatchee, WA

Phone: 509-662-6156 www.cdcac.org

Community Choice Helps families access affordable health care benefits such as Medicare and

Medicaid.

Location: 504 S. Chelan Ave., Wenatchee, WA, Building B

Phone: 509-782-3204 www.communitychoice.us

Serve Wenatchee Valley Christian ministry helps families locate food, counseling, furniture, utilities.

Location: 12 Orondo Ave. Wenatchee, WA

Phone: 509-663-4673 www.servewenatchee.org

Department of Social & Health Services/Community Services Open Mon-Fri 8-5pm. Determines for and provides financial, medical, dental and food stamp assistance.

Location: 805 S. Mission St. Wenatchee WA

Phone: 1-800-272-8881 www.dshs.wa.gov

Social Security & Supplementary Security Income

Apply by telephone.

Location: 301 Yakima St. Wenatchee, WA

Phone: 662-1826 1-800-772-1213.

Y.W.C.A. Provides professional quality clothing for low-income women entering the work force. The job-assistant program requires a referral. Non-food bank distributes personal hygiene products to low-income families. There are also babysitting classes and diapers available. Open Mon-Thurs 10-4pm.

Call for more information. **Location:** 212 1st St., Wenatchee WA

Phone: 509-662-3531 www.vwcawen.com

Veterans Affairs Benefits Financial, educational, burial, homeless, employment rights & other benefits

Phone: 1-800-562-2308

Food

Community Action Council

Location: 620 Lewis Wenatchee, WA

Phone: 509-662-6156. <u>www.cdcac.org</u>

Community Cupboard

Thrift store, food bank, general information Open Mon-Sat 11:00-5:00.

Location: 219 14th St., Leavenworth, WA

Phone: 509-548-6727 (School District Area Only) <u>www. uvmend.org</u>

Mobile Meals

Service available in Wenatchee and East Wenatchee for home delivered meals & special diets for homebound of all ages and those that are not

able to cook for themselves. Hours: Mon-Fri 9:00-12:30

Location: 1201 S. Miller St. Wenatchee, WA

Phone: 509-665-6254 <u>www.mobilemealsofwenatchee.org</u>

Okanogan County Senior Nutrition and Transportation

Delivered to homebound age 60+ living in Okanogan, Chelan and Douglas

Counties.

Location: 303 2nd Ave. S #A, Okanogan, WA **Phone:** 1-800-635-4391 or 509-826-4391

www.octn.org

Salvation Army

Food boxes available on Mon-Fri from 1:00-3:00. Call for more information. Photo identification required for assistance. Main contact for all services and stores.

Location: 1219 N. Wenatchee Ave. Wenatchee, WA

Phone: 509-662-5103 <u>www.wenatchee.salvationarmy.org</u>

Salvation Army Family Services

Showers on Mon-Fri 1:00-3:00. Hot meal at 4:00 pm daily

Location: 1205 S Columbia

Phone: 509-293-5684

Serve Wenatchee Valley

Christian ministry helping families locate food, counseling, furniture, utilities.

Fresh Hope Market community supported food bank.

Location: 12 Orondo Ave. Wenatchee, WA

Phone: 509-663-4673 <u>www.servewenatchee.org</u>

Cashmere Food Bank– 2nd—4th of every month

Location: Cashmere United Methodist Church

109C Railroad Ave. Cashmere, WA

Food Distribution Chart

City	Agency	Times	Location	Phone
Only .	rigorioy		Location	1110110
	_	2nd & 4th Wed. each month		509-245-6464
	Emergency		109C Railroad Ave.	
Cashmere	Food Bank		Cashmere, WA	509-669-3159
	Community	Mon-Sat	219 14th St,	
Leavenworth	Cupboard	11:00-5:00PM	Leavenworth, WA	509-548-6727
		Closed for	13966 Hwy 2, Orondo,	
Orondo	1 st and 3 rd	now	WA	509-670-8061
	Entiat Valley	Sat	2084 Entiat Way, Entiat, WA	
Entiat	Food Pantry	9:00-11:00AM	Next to City Hall	509-888-3999
	Rock Island	Fri.	-	
Dook lolond		0.00 11.00 11	5 N Garden Ave, Rock	E00 470 7707
Rock Island	Food Pantry	9:00-11:00AM 1st and 3rd	·	509-470-7787
	 Waterville	Thursday of the	413 S Central	
Waterville	Food Pantry	month 2:30-4:00PM	Waterville, WA	509-630-9868
		1st and 3rd		
	Mansfield	Sat. of the month	26 Main St, Mansfield, WA	
Mansfield	Food Pantry	10:00-11:00AM	Alley behind City Hall	509-670-0119
	Lake Chelan	Tues and Sat	417 S Bradley St, Che-	
Chelan	Food Pantry	9:00-10:00AM	lan, WA	509-368-4151
	St. Joseph	Sat.	600 St. Joseph Place,	
Wenatchee	Convent	8:00-10:00	Wenatchee WA	509-667-7837
	Community Center	Thurs 9:00-11:00AM	504 S. Chelan, Wenatchee WA	509-663-4333
	Salvation	Mon-Fri	1250 S. Columbia	
	Army	1:00-3:00PM	Wenatchee, WA	509-662-8864
	Seventh Day		,	
	Adventist	Wed.	606 N. Western	500 000 0000
	Church	12:30-2:30PM	Wenatchee, WA	509-663-6926
	Women's Resource	Tues	20 Adams St.	
	Center	1:30PM	Wenatchee, WA	509-662-0121
		Mon-Fri	710 N. Chelan Ave.	
	Sage	9:00-5:00PM	Wenatchee, WA	509-663-7446
		MonThurs. 9:00-12:00	12 Orondo Ave.	
	Fresh Hope	And 1:30-		
	Market	4:30PM	Wenatchee, WA	509-663-4673
		Th	12447 Chapel Dr. Plain, WA	
		Thur.	Next to community	
Plain	Plain Pantry	1:00-7:00PM	church	509-888-1110
	Wellspring of	Fri.	1300 Foster Ave.	
Bridgeport	Life	7:00PM	Bridgeport, WA	509-989-9687

Clothing Assistance

Goodwill Industries Store

Location: 620 Grant Rd 620 A. East Wenatchee, WA

Phone: 509-884-1906

Goodwill Wenatchee Store

Location: 830 S. Mission.

Phone: 509-663-7636

Hours: 9:00-8:00

Seventh Day Adventist Community Center

Free clothing, school clothes, household items,

bedding and misc.

Hours: Wed 9:00-12:00

Location: 606 N Western, Wenatchee

Phone: 509-663-4032

Veterans Warehouse Thrift Store

Location: 1219 N. Wenatchee Ave, Wenatchee, WA

Hours: 9:00-6:00

Phone: 509-888-7313 or 509-888-7310

YWCA Thrift Store

Location: 231 A N. Wenatchee Ave. Wenatchee, WA

Hours: Tuesday-Thursday 11:30-5:30PM

Friday-Saturday 10:30-5:30PM

Health Services

Department of Social & Health Services (DSHS)

Location: 805 S. Mission St. Wenatchee, WA

Phone: 509-886-6800

Community Services: Adult Protective Services, Assisted Living, Adult family/nursing home Medical

assistance and Medicaid

Phone: 509- 667-6000 or 1-800-272-8881

<u>Developmental Disabilities:</u> Provides the delivery of comprehensive services to the, autistic, cerebral palsied, epileptic and developmentally delayed children under the age of 18 years. Provides services to all ages

of people with developmental disabilities

Phone: 509-667-6164

<u>Planned Parenthood</u> Low cost medical clinic offering quality services and professional counseling for birth control, pregnancy, and AIDS testing. Community education sessions offered, call for a complete listing. Pregnancy testing, education, midwifery services, prenatal care, birth control methods, male and female STD testing, annual exams and biopsy services.

Location: 900 Ferry St. Wenatchee, WA **Phone:** 509-662-2013 or 866-904-7721

www.plannedparenthood.org

Real Options Provides free non-judgmental counseling and supportive services in the event of unplanned pregnancy. Community referrals, free pregnancy testing, layettes and adoptive information. Also post abortion counseling and referrals to other agencies. Medical clinic with ultrasound. All services are confidential, supported by donations. Hours: Tues. 12:00-7:00PM and Wed.-Thur. 10:00-4:00PM

Location: 351 Orondo Ave. Wenatchee, WA

Phone: 509-662-0652

www.realoptionsclinic.com

<u>Center for Autism and Related Disorders</u> Specialized Outpatient Services provides assistance with specific areas of concern for a family and develops and implements strategies to diminish challenging behaviors and teach necessary skills.

Location: 246 N. Mission St. Wenatchee, WA

Phone: 509-293-8116

www.centerforautism.com

Serengeti Care Home care services are specialized to fit your needs, few hours or around the clock care.

Location: 37 S. Wenatchee Ave. Suite H Wenatchee, WA

Phone: 509-293-8400 or 509-699-0355

<u>Chelan Douglas Health District</u> Preventative health services and information. Fees are based upon ability to

pay. Hours: Monday-Thursday 8:00-5:00.

Location: 200 Valley Mall Parkway East Wenatchee, WA

Phone: 509-886-6400. **www.cdhd.wa.gov**

ABCD: Dental program for children 5 & under with medical assistance

Phone: 509-886-6442

<u>Birth Certificate Applications</u>: Available to those born in Washington State after 1936. STD exams and HIV counseling and testing are available.

Children with Special Health Care Needs: Services to children under 18 years of age.

Health Services

Chelan Douglas Health District Con.

<u>Communicable Disease Control</u>: Communicable disease information by phone. Sexually transmitted disease and HIV/AIDS testing by appointment.

<u>Emergency Preparedness</u>: Local emergency planning efforts by hospitals, public health and other community entities are integrated with comprehensive plans.

Phone: 509-886-6499

Environmental Health: Septic tank systems, drinking water, food protection, solid waste, living envi-

ronment and laboratory services.

Phone: 509-886-6499

Chelan Douglas Health District Nurse High Risk reportable conditions or Emergencies after

hours, non-business hours

Phone: 509-886-6499 or 509-886-6425

Food Handlers Permits: Available online at

www.cdhd.wa.gov

Knights Hospital Equipment Lend Program Hospital equipment for at home available free on loan. Drive

up/ Pick up Mon, Tue, Thurs 9:00-3:00

Location: 625 B S. Elliot Ave. Wenatchee, WA

Phone: 509-888-3050

<u>Samara's Foundation for the Blind and Visually Impaired</u> Provides equipment for blind / visually impaired with a doctor referral. Jodi Duncan, Contact person. **Location:** 1710 N. Ann Ave. East Wenatchee,

WA

Phone: 509-886-1055 **www.samaras.org**

<u>Lighthouse Clinic</u> Diagnosis and treatment for urgent minor injuries and acute illnesses as well as urgent dental services including extraction for broken, abscessed or infection teeth. Provides prayer and emotional support group.

Location: 410 S Columbia St. Wenatchee, WA

Phone: 509-888-7796

<u>Upper Valley Free Clinic</u> Low-income medical care in Leavenworth area

Hours: Mon 6:30-8 pm.

Location: 347 Division St. Leavenworth, WA

Phone: 509-548-0408

American Cancer Society Call for information cancer services

Phone: 1-800-227-2345 **www.cancer.org**

<u>Cancer Care of NCW</u> A home away from home for cancer patients while receiving treatment. For individual

als living in the greater Wenatchee areas. Available Mon-Thurs nights. **Location:** 1708 Castlerock Wenatchee, WA

Phone: 509-663-6964

<u>Center for Alcohol & Drug Treatment</u> Provides services, early detection and treatment of alcoholism, identification of the alcoholic and referral treatment, detoxification of individuals. Hours: M-F 8:00-5:00

Location: 327 Okanogan Ave. Wenatchee, WA

Phone: 509-662-9673 www.cfadt.org

Health Services

Columbia Valley Community Health Provides affordable medical, dental and

behavioral health services for the entire family. **Location:** 600 Orondo Ave. Ste 1 Wenatchee, WA

Phone: 509-662-6000 **www.cvch.org**

<u>Confluence Health</u> Confluence Health is an integrated healthcare delivery system that includes two hospitals, more than 40 medical specialties and primary care, to provide comprehensive medical care through-

out North Central Washington.

Location: 820 N. Chelan Ave. Wenatchee, WA

Phone: 509-663-8711 www.confluencehealth.org

Community Health Plan of Washington Apple Health plans are built around

you. We offer local care and extensive benefits for the whole family.

Phone: 509-714-0037 or 1-800-440-1561 **www.chpw.org**

Molina Health Care Washington Apple Health Program local care and health benefits for children

and families. Monday-Friday 8:00-6:00PM

Phone: 888-858-3492 or Apple Health (Medicaid) 1-800-294-8620

www.molinahealthcare.org

<u>WIC</u>: Complementary meal program provides food and nutrition education for pregnant, breastfeeding women, infants and children under 5 years of age.

Location: 501 Idaho St. Wenatchee, WA

Phone: 509-664-3771

Hotlines

Emergencies Call 911	Aids Information/ Education and Case Management 866-6400	
Child Abuse Hotline 509-667-6135 24 hrs.	Runaway Hotline 1-800-786-2929 (RUNAWAY)	
Consumer Protection 1-800-551-7105	Washington Poison Center 1-800-222-1222 or 911	
Crisis Hotline 1-800-852-2923 or 509-662-7105	Youth Suicide Prevention Hotline The Trevor Project 866-488-7386 support@thetrevorproject.org	
SAGE 509-669-7446 or 1-888-HELP Domestic Violence and Sexual Assault	National Suicide Prevention 1-800-273-8255	
Recovery Help Line 1-866-789-1511 www.wa.RecoveryHelpLine.org Substance abuse and Mental Health	North Central Washington Crisis Line Substance and Mental Health Services Free and available 24/7 1-800-852-2923 or text 741741	
Crisis Connections Warm Line Peer support for people with emotional and mental health challenges. 1-877-500-9276 or 206-933-7001	Teen Link Going through something? Talk it out! 1-866-teenlink or 1-866-833-6546 teenlink.org	

Housing

Chelan Douglas Community Action Council

Location: 620 Lewis St. Wenatchee, WA

Phone: 662-6156 www.cdcac.org

Home Repair Homeowners may receive help with minor emergency repairs such as electric, plumbing, water heaters, roof leaks and furnace repair. More extensive repairs for homeowners may be made in conjunction with the weatherization program.

Housing Provides affordable housing and transition housing with a self-sufficiency case management program.

<u>Weatherization</u> Lower energy bills begin with weatherization. Pressure diagnostics, air sealing, insulation of attic walls or basement areas and minor health and safety repairs can make your home safer, more durable and comfortable. Homeowners or renters may be served.

Habitat for Humanity A non-profit organization creating home ownership opportunities in the counties of Chelan/Douglas. **Hours:** Mon-Thurs 9:00-2:00PM.

Location: 1408 Washington St. Wenatchee, WA

Phone: 509-663-1889 www.wenatcheehfh.org

Share Part of Upper Valley Mend. Affordable housing in Leavenworth. Provides high-quality affordable home ownership opportunities to low and medium income families in the upper valley.

Location: 347 Division St. Leavenworth, WA

Phone: 509-548-0408 www.uvmend.org/housing

Wenatchee Housing Authority Provides subsidized housing for agriculturally

employed persons and low-income families. Rental assistance.

Hours: Mon-Thurs. 9:00-5:30PM.

Location: 1555 S. Methow St. Wenatchee, WA

Phone: 509-663-7421. **www.ccwha.com**

Gospel House Provides emergency housing for families and individuals in need of urgent housing

Location: 810 S. Wenatchee Ave. Wenatchee, WA

Phone: 509-888-4864 <u>www.wenatcheelighthouse.org</u>

Temporary Housing/Shelters

Bruce Transitional Housing

Sponsored by Women's Resource Center. Housing for homeless in transition. Must apply and enter in self-growth program. Must be alcohol/drug free to live at center.

Location: 206 Palouse, Wenatchee WA **Phone:** 509-662-2485 or 509-662-0121

Coordinated Entry at Community Housing Network

Provides screening access to emergency housing service in multiple locations in Chelan and Douglas counties.

Location: 145 S. Worthern St. Wenatchee, WA

Phone: 509-888-9035

Gospel House

Location: 810 S. Wenatchee Ave. Wenatchee, WA

Phone: 509-664-6775

Grace House

A Christ centered shelter for women and children

Location: 526 S. Wenatchee, WA

Phone: 509-888-4864

Haven of Hope Gospel Mission

Housing for single women & women with children 12 & under. 24-hour crisis center with meals provided.

Location: 202 S. Franklin Ave, Wenatchee WA

Phone: 509-664-6866 or 509-888-3979

Hospitality House

Shelter house for single homeless men. Open 24-hours. Meals served at 7:00AM, 12:00PM, and 6:00PM.

Check in at 5:30-6:30 with identification.

Location: 1450 S. Wenatchee Ave. Wenatchee, WA

Phone: 509-663-4289

Lighthouse Christian Ministries

Location: 410 S. Columbia St. Wenatchee, WA

Phone: 509-888-4864

Solomon's Porch

Drop-in center for youth in a Christian atmosphere. **Location:** 17 S. Mission St. Wenatchee, WA.

Phone: 509-662-1712.

Women's Resource Center

Place for women to meet & share ideas with other women. Provides shelter for families in transition, crisis intervention, and survivors of sexual assault group.

Location: 20 Adams St. Wenatchee, WA

Legal Aid

Community Action Council

Legal aid, provides information and referrals. **Location:** 620 Lewis St, Wenatchee, WA

Phone: 509-662-6156

Coordinated Legal Aid & Referral (CLEAR)

CLEAR is a statewide toll-free telephone service for low-income people to obtain free legal assistance

with civil (non-criminal) problems. **Hours:** Mon-Fri 9:15-12:15PM

Phone: 1-888-201-1014

CLEAR SR. 1-888-387-7111 Monday-Friday 9:15AM-12:15PM

Department of Social and Health Services

Location: 805 S. Mission St. Wenatchee, WA

Phone: 1-877-501-2233 <u>www.dshs.wa.gov</u>

Division of Child Support

Helps in securing child support.

Location: 515 Grant Road, East Wenatchee WA

Phone: 509-886-6800 or 1-800-535-1113 **www.childsupportpayment.dshs.wa.gov**

Columbia Legal Services

Provides legal services to low-income families in civil matters.

Location: 300 S. Okanogan Ave. 2A. Wenatchee, WA

Phone: 509-662-9681. www.columbialegal.org

Northwest Justice Project

Legal assistance for low income.

Location: 300 S. Okanogan Ave. Suite #3A Wenatchee, WA

Phone: 509-664-5101/1-888-201-1021 **www.nwjustice.org**

Chelan Douglas County Volunteer Attorney Services

Free legal services for low-income.

Hours: Mon-Thurs. 9:00–5:00PM and Friday 10:00-5:00PM. **Location:** 18 S. Mission St. Suite 201 Wenatchee, WA

Phone: 509-663-2778 **www.cdcvas.org**

Wenatchee Valley Dispute Resolution Center

Changing relationships through peaceful conflict resolution. Access to positive solutions for resolving conflict

Location: 5 S. Wenatchee Ave. Ste. 210 Wenatchee, WA

Phone: 509-888-0957 **www.wvdrc.org**

Libraries

Central Washington Hospital Heminger Library

Health library is open to the public Mon-Fri 8:00-4:00

Location: 1201 S. Miller Wenatchee, WA Phone: 509-662-1511

Library for Blind

Phone: 1-800-542-0866 www.wtbbl.org

North Central Regional Library System

Provides mail-order services.

Location: 16 N. Columbia St. Wenatchee, WA

Phone: 509-663-1117 www.ncrl.org

East Wenatchee Library
Location: 271 9th St. NE East Wenatchee, WA

Phone: 509-886-7404

Cashmere Public Library

Location: 300 Woodring St. Cashmere, WA

Phone: 509-782-3314

Leavenworth Public Library
Location: 700 Hwy. 2 Leavenworth, WA

Phone: 509-548-7923

Peshastin Public Library

Location: 8396 Main St. Peshastin, WA

Phone: 509-548-7821

Wenatchee Public Library

Clearinghouse for community information, resource for parent information. Call for story and

summer reading program.

Location: 310 Douglas St. Wenatchee Ave. Wenatchee, WA

Phone: 509-662-5021

Mentoring Groups

Boy Scouts of America

Promotes services and supervises scouting programs or 1st grade Tiger Cubs, 1st -5th grade Cub Scouts, 11-18 years Boy Scouts, 14-20 years venturing, Explorer Scouts, and 14-17 years Varsity.

Location: 213 N. Chelan Ave. Wenatchee, WA

Phone: 509-662-5501 www.scouting.org

Camp Fire USA

Provides opportunities for girls and boys to realize their potential and to function effectively as caring, self-directed individuals responsible to themselves and to others through a program of informal education.

Location: 7 N. Wenatchee Ave. Ste. 201 Wenatchee, WA or P.O. Box 1734 Wenatchee, WA

Phone: 509-663-1609 or 1-800-548-8884

4-H Youth Organization

Sponsored by WSU Extension. Provides an informal educational program for boys and girls from

Kindergarten through age 19.

Location: 400 Washington St. Wenatchee, WA

Phone: 509-667-6540. county/wsu.edu/chelan-douglas

Solomon's Porch

Drop-in center for youth in a Christian atmosphere.

Location: 17 S. Mission, Wenatchee WA.

Museums

Cashmere Pioneer Village & Museum

Hours: Monday-Sunday 10:30-4:30PM **Location:** 600 Cotlets Way, Cashmere WA

Phone: 509-782-3230. www.cashmeremuseum.org

Wenatchee Valley Museum & Cultural Center

Hours: Tuesday-Saturday 10:00-4:00PM **Location:** 127 S. Mission St. Wenatchee, WA

Phone: 509-888-6240 www.wenatcheevalleymuseum.org

Senior Citizen Information

Senior Volunteer Program

Health insurance info, legal aid, volunteer services.

Hours: Mon-Fri 8:00-2:00PM

Location: 620 Louis St. Wenatchee, WA

Phone: 509-662-3461

Aging & Adult Care of Central WA

Information, assistance, meals, support services, referral and case management for seniors

and disabled adults.

Location: 50 Simon St. SE Ste.A East Wenatchee, WA

Phone: 509-866-0700 or 1-800-575-4459 **www.aaccw.org**

Veterans Affairs Mobile Clinic

Once a month, call for appointment.

Location: VFW 11th Baker St. East Wenatchee, WA

Phone:1-800-325-7940

Volunteer Chore Services

Sponsored by Catholic Family & Child Services. For low-income seniors 60+ and disabled 18+, help with shopping, house / yard work, laundry, transportation, minor home repair, build

wheelchair ramps, help with moving.

Location: 640 S. Mission St. Wenatchee, WA **Phone:** 509-662-6761 or 1-800-261-1094

Wenatchee Adult Respite Daycare

Open Monday-Thursday 10:00-3:00PM.

Location: 1408 Washington St. Wenatchee, WA

Phone: 509-662-3654

Wenatchee Valley Senior Activity Center

The thrift store is open from 9:00-4:00PM Mon-Fri.

Location: 1312 Maple St. Wenatchee, WA

Support Groups

Alano Club

Provides social outlet for recovering alcoholics and their families/friends.

Hours: 10:00-10:00 Mon.-Sat. and 1:00PM Sunday. **Location:** 530 S. Wenatchee Ave. Wenatchee, WA

Phone: 509-663-4567

Alanon Family Group

Support for anyone who has an alcoholic family member

Chelan: Apple Cup Cafe Tues. 7:00PM

Location: 804 E. Woodin Ave. Chelan, WA

Phone: 509-682-5563

Leavenworth: United Methodist Church Mon 7:00PM.

Location: 418 Evans St. Leavenworth, WA

Wenatchee: St. Lukes Episcopal Mon. 7:00PM and Wed. 7:00PM

Location: 428 King St. Wenatchee, WA Central Washington Hospital. Fri 5:30PM Location: 1201 S. Miller St. Wenatchee, WA

East Wenatchee: Oficina Intergrupal AA (Spanish) Mon. 6:30PM

Location: 44 Rock Island Rd #4

Cashmere: Cashmere Presbyterian Church. 7:00PM

Location: 303 Maple St. Cashmere, WA

Alateen Contact local Alanon group for info

Alcoholics Anonymous

Phone: Hotline 509-664-6469/ Spanish 509-881-2001

Alzheimer's 2nd and 4th Tuesday at 10:30AM

Location: Blossom Creek Memory

Phone: 509-662-3500

ASK Resource line Answers for Special Kids, statewide information about providers/programs.

Phone: Marian Casey **847-733-1739**

Caregiver support groups Wellness place meets at Wenatchee Valley Medical Center every second

Monday at 2:00PM **Phone:** 509-888-9933

Nazarene Church. Celebrate Recovery. Mon. at 7:00PM. Home Coming – sexual addiction. Thurs. at

7:00PM. Location: 1101 S.Miller St. Wenatchee, WA

Phone: 509-663-6025

Children's Grief Support 509-662-6069

Chronic Conditions 509-667-3684

Domestic Violence Support Group Domestic Violence Center

Location: 1207 N. Wenatchee Ave. Wenatchee, WA

Phone: 509-663-7446

Education for Parents & Concerned Persons About Children & Drugs Center for Alcohol & Drug

Treatment

Location: 411 Okanogan St. Wenatchee, WA (Main Office) 327 Okanogan Wenatchee, WA

Phone: 509-662-9673

Good Grief Center: Children's Night, Grief Listeners, Friends and Families of Victims of Violent Crimes

Location: 1610 5th St. Wenatchee, WA

Phone: 509-662-6069 www.goodgriefcenter.org

Transportation

Licensing Department

Hours: Tues-Fri 8:30-5:00PM and Sat. 8:30-2:30PM by appointment only. Closed Sunday, Monday and holidays.

Location: 325 N. Chelan Ave. Suite B Wenatchee, WA **Phone:** 509-662-5141

www.dol.wa.gov/appointments

LINK

Community bussing system serving communities and citizens in Chelan and Douglas counties. Currently free transportation from Lake Wenatchee to Malaga, Rock Island to Manson and Waterville. Busses operate from 6:00AM-9:00PM. Mon-Fri. No services on holidays. See current Route Map Timetable for more information.

Location: 300 S. Columbia St. Wenatchee, WA **Phone:** 509-662-1155 or Spanish: 509-663-6223

www.linktransit.com

LINK Plus

Link Plus provides transportation for senior citizens and disabled persons in Chelan and Douglas Counties.

Phone: 509-662-1155 <u>www.linktransit.com</u>

People for People

Phone: 1-800-233-1624 www.pfp.org

Veterans Transportation

Wenatchee to Spokane, VA clinic, call for info and scheduling 48 Hour advance notice if possible.

Phone: 509-434-7019

Wenatchee Valley Shuttle

You have the luxury to sit back, relax, and enjoy your special outings and occasions stress-free! Re serve shuttles now for day trips throughout the state to various destinations.

Location: 400 S. Wenatchee Ave. Wenatchee, WA Phone: 509-293-5773

www.wenatcheevalleyshuttle.com

AC Checker Taxi

Location: 1101 3rd St. NE. East Wenatchee, WA **Phone:** 509-663-8294

www.acchecker.com

Leavenworth Shuttle and Taxi

Location: PO Box 1041 Leavenworth, WA **Phone:** 509-548-7433

www.leavenworthshuttle.com